COALFIRE

WHITE PAPER

Migration from MARS-E to ARC-AMPE Planning (PL) controls

CMS requirements for Administering Entities

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Purpose

This white paper provides a guide for Administering Entities (AEs) to upgrade their System Security and Privacy Plans (SSPPs) from the Minimum Acceptable Risk Standards for Exchanges (MARS-E) to the Acceptable Risk Controls for ACA, Medicaid, and Provider Entities (ARC-AMPE).

Due to the substantial number of controls, and to facilitate ease of use, this white paper is one of a series of 20 which divides the ARC-AMPE by control family. This white paper addresses the Planning controls:

ARC-AMPE Control Families	
Control Family	**Number of Controls**
Access Control	51
Awareness and Training	9
Audit and Accountability	19
Assessment, Authorization, and Monitoring	12
Configuration Management	31
Contingency Planning	23
Identification and Authentication	24
Incident Response	16
Maintenance	16
Media Protection	9
Physical and Environmental Protection	19
Planning (This Document)	**6**
Program Management	28
Personnel Security	9
Personally Identifiable Information Processing and Transparency	10
Risk Assessment	12
System and Services Acquisition	34
System and Communications Protection	34
System and Information Integrity	34
Supply Chain Risk Management	6

Background

Affordable Care Act

The Affordable Care Act (ACA) revolutionized access to healthcare in the United States by establishing Health Insurance Marketplaces (HIMs). Enhanced Direct Enrollment (EDE) is an ACA innovation that allows third-party entities, such as insurers and web-brokers, to offer consumers a seamless application and enrollment experience directly through their platforms. This approach improves accessibility to the marketplace while maintaining compliance with federal regulations.

CMS oversight

The Centers for Medicare & Medicaid Services (CMS) exercises oversight of AEs, which are responsible for overseeing and managing marketplace operations to ensure compliance with federal regulations, safeguard consumer data, and maintain the integrity of the HIM. Key aspects of CMS's oversight include:

- Requiring AEs to undergo rigorous audit processes, including demonstrating compliance with security and privacy control requirements.
- Enforcing strict data protection measures in the AE environment to ensure the confidentiality, integrity, and availability of consumer data and requiring entities to implement cybersecurity controls, conduct regular risk assessments, and submit independent security audits.
- Requiring AEs to adhere to operational policies and procedures, such as providing accurate plan information, maintaining transparent consumer interactions, and facilitating HIM enrollment without bias.
- Requiring AEs to report any data breaches or system incidents promptly and to take corrective actions as directed by CMS and the U.S. Department of Health and Human Services (HHS) Office for Civil Rights (OCR).
- Requiring AEs to renew their Authority to Connect (ATC) or Authority to Operate (ATO) annually, providing updated documentation and evidence of continued compliance with all requirements.

Through these oversight mechanisms, CMS ensures that AEs in the healthcare.gov environment deliver secure, compliant, and user-friendly services, aligning with the ACA's mission to expand access to quality health coverage.

ARC-AMPE

CMS published the ARC-AMPE Version 1.02 on April 9, 2025. This framework is slated to replace the Minimum Acceptable Risk Standards for Exchange (MARS-E) security and privacy guidelines:

- ARC-AMPE Volume 1 contains high-level guidance, and Volume 2 has the minimum-level security and privacy controls.
- ARC-AMPE Volume 2 is the new format for the SSPP for ACA AEs.
- AEs must have ARC-AMPE implemented by March 4, 2026.
- The implementation date for EDE entities has yet to be announced as of the date of this white paper.

The minimum control baseline for ARC-AMPE compliance consists of 402 controls which have been derived from the National Institute of Standards and Technology (NIST) Special Publication (SP) 800-53 Revision 5, "Security and Privacy Controls for Information Systems and Organizations."

The number of controls required represents a significant increase from the MARS-E baseline, and AEs should be prepared for an increased level of effort for developing the SSPP and to submit more artifacts during audits.

Another major change is the format of the SSPP template. MARS-E uses a Microsoft Word format whereas ARC-AMPE is an Excel spreadsheet.

Control mapping

The mapping of the controls found in MARS-E Version 2.2 (based on NIST SP 800-53 Revision 4) to their new locations in ARC-AMPE (based on NIST SP 800-53 Revision 5) are included in the table below. The table lists the MARS-E control directly compared with the ARC-AMPE equivalent control name, as applicable. The table also documents any new ARC-AMPE controls that do not have MARS-E equivalents, as well as those controls that have been combined or withdrawn for ARC-AMPE.

Note also that all references to NIST SP 800-53 Revision 5 included below are based on version 5.1.1, which was issued on November 7, 2023.

Planning (PL)

The set of controls in this family focus on how the Exchange shall develop, document, periodically update, and implement security plans for Exchange IT systems that describe the security controls in place or planned for the IT systems and the rules of behavior for individuals accessing the IT systems.

MARS-E		ARC-AMPE	
Control	**Security Planning Policy and Procedures**	**Control**	**Policy and Procedures**
PL-1: Security Planning Policy and Procedures The organization: **a.** Develops, documents, and disseminates to applicable personnel: **1.** A security planning policy that addresses purpose, scope, roles, responsibilities, management commitment, coordination among organizational entities, and compliance; and **2.** Procedures to facilitate the implementation of the security planning policy and associated security planning controls. **b.** Reviews and updates (as necessary) the current: **1.** Security planning policy within every three hundred sixty-five (365) days; and **2.** Security planning procedures within every three hundred sixty-five (365) days. **Implementation Standards** The organization retains the policies and procedures in written form (which may be electronic) for 6 years from the date of its creation or the date when it was last in effect, whichever is later. The organization makes the documentation available to those persons responsible for implementing the procedures to which the document pertains.		**PL-01 Policy and Procedures** **a.** Develop, document, and disseminate to organization-defined personnel or roles: **1.** Organization-level planning policy that: **(a)** Addresses purpose, scope, roles, responsibilities, management commitment, coordination among organizational entities, and compliance; and **(b)** Is consistent with applicable laws, Executive Orders, directives, regulations, policies, standards, and guidelines; and **2.** Procedures to facilitate the implementation of the planning policy and the associated planning controls; **b.** Designate an organization-defined official to manage the development, documentation, and dissemination of the planning policy and procedures; and **c.** Review and update the current planning: **1.** Policy at least every one (1) year and following organization-defined events; and **2.** Procedures at least every one (1) year and following organization-defined events.	

MARS-E		ARC-AMPE	
Control	**System Security Plan**	**Control**	**System Security and Privacy Plan**
PL-2: System Security Plan The organization: **a.** Develops a security plan for the information system that: **1.** Is consistent with the ACA System Security Plan (SSP) Procedure; **2.** Is consistent with the organization's enterprise architecture; **3.** Explicitly defines the authorization boundary for the system; **4.** Describes the operational context of the information system in terms of missions and business processes; **5.** Describes the operational environment for the information system and relationships with or connections to other information systems; **6.** Provides an overview of the security requirements for the system; **7.** Identifies any relevant overlays, if applicable; **8.** Describes the security controls in place or planned for meeting those requirements including a rationale for the tailoring decisions; and **9.** Is reviewed and approved by the authorizing official or designated representative prior to plan implementation; **b.** Distributes copies of the security plan and communicates subsequent changes to the plan to stakeholders; **c.** Reviews the security plan for the information system within every three hundred sixty-five (365) days; **d.** Updates the plan, at a minimum every three (3) years, to address current conditions or whenever: **1.** There are significant changes to the information system/environment of operation that affect security; **2.** Problems are identified during plan implementation or security control assessments; **3.** When the data sensitivity level increases; **4.** After a serious security violation due to changes in the threat environment; or **5.** Before the previous security authorization expires; and **e.** e. Protects the security plan from unauthorized disclosure and modification. **Implementation Standards** **1.** The system security plan (SSP) must provide the security category and the Personally Identifiable Information (PII) confidentiality impact level of the system (as described in NIST SP 800-122); describe relationships with, and data flows of, PII to other systems; and provide an overview of security and privacy requirements for the system. The SSP must define the boundary within the system where PII is stored, processed, and/or maintained. The person responsible for meeting information system privacy requirements must provide input to the SSP. **2.** Retain documentation of policies and procedures for six (6) years from the date of its creation or the date when it last was in effect, whichever is later. **3.** When developing new system security plans or updating prior system security plans use the System Security Plan		**PL-02 System Security and Privacy Plan** **a.** Develop security and privacy plans for the system that: **1.** Are consistent with the organization's enterprise architecture; **2.** Explicitly define the constituent system components; **3.** Describe the operational context of the system in terms of mission and business processes; **4.** Identify the individuals that fulfill system roles and responsibilities; **5.** Identify the information types processed, stored, and transmitted by the system; **6.** Provide the security categorization of the system, including supporting rationale; **7.** Describe any specific threats to the system that are of concern to the organization; **8.** Provide the results of a privacy risk assessment for systems processing Personally Identifiable Information (PII); **9.** Describe the operational environment for the system and any dependencies on or connections to other systems or system components; **10.** Provide an overview of the security and privacy requirements for the system; **11.** Identify any relevant control baselines or overlays, if applicable; **12.** Describe the controls in place or planned for meeting the security and privacy requirements, including a rationale for any tailoring decisions; **13.** Include risk determinations for security and privacy architecture and design decisions; **14.** Include security- and privacy-related activities affecting the system that require planning and coordination with organization-defined individuals or groups; and **15.** Are reviewed and approved by the Authorizing Official (AO) or designated representative prior to plan implementation. **b.** Distribute copies of the plans and communicate subsequent changes to the plans to organization-defined personnel, roles, or stakeholders; **c.** Review the plans at least every one (1) year or following significant changes; **d.** Update the plans to address changes to the system and environment of operation or problems identified during plan implementation or control assessments; and **e.** Protect the plans from unauthorized disclosure and modification.	

MARS-E		ARC-AMPE	
Template for ACA Administering Entity Systems, which can be found at: https://zone.cms.gov/community/cms-aca-program-security-privacy-policy-guidance-templates.			
Control	**Plan/Coordinate with Other Organizational Entities**	**Control**	**N/A**
PL-2 (3): Plan/Coordinate with Other Organizational Entities The organization plans and coordinates security-related activities regarding the information system with affected stakeholders before conducting such activities to reduce the impact on other organizational entities.		Withdrawn. Incorporated into **PL-2**.	
Control	**Rules of Behavior**	**Control**	**Rules of Behavior**
PL-4: Rules of Behavior The organization: **a.** Establishes and makes readily available to individuals requiring access to the information system the rules that describe their responsibilities and expected behavior with regard to information and information system usage, including: **1.** Any applicable organizational Rules of Behavior (RoB); and **2.** Any applicable system-specific RoB. **b.** Receives an acknowledgment (paper or electronic) from such individuals, indicating that they have read, understand, and agree to abide by the rules of behavior before authorizing access to information and the information system; **c.** Reviews the rules of behavior every three hundred sixty-five (365) days updating if necessary; and **d.** Requires individuals who have acknowledged a previous version of the rules of behavior to read and re-acknowledge when the rules of behavior are revised/updated. **e.** Informs employees and contractors that the use of the organization information resources for anything other than authorized purposes set forth in the organizational RoB is a violation of the policy, and is grounds for disciplinary action, monetary fines, and/or criminal charges that could result in imprisonment; and **f.** In addition to the organizational RoB, the organization may define a system-level RoB acknowledgement. **Implementation Standards** **1.** The organizational rules of behavior must include a policy outlining the rules of behavior to safeguard PII and identifying consequences and corrective actions for failure to follow these rules. Consequences should be commensurate with level of responsibility and type of PII involved. **2.** Rules of behavior are aligned with DHHS requirements posted at: http://www.hhs.gov/ocio/policy/hhs-rob.html.		**PL-04 Rules of Behavior** **a.** Establish and provide to individuals requiring access to the system the rules that describe their responsibilities and expected behavior for information and system usage, security, and privacy; **b.** Receive a documented acknowledgment from such individuals, indicating that they have read, understood, and agree to abide by the rules of behavior, before authorizing access to information and the system; **c.** Review and update the rules of behavior at least every one (1) year; and **d.** Require individuals who have acknowledged a previous version of the rules of behavior to read and re-acknowledge when the rules are revised or updated.	
Control	**Social Media and Networking Restrictions**	**Control**	**Social Media and External Site / Application Usage Restrictions**

<table>
<tr><th colspan="2">MARS-E</th><th colspan="2">ARC-AMPE</th></tr>
<tr><td colspan="2">PL-4 (1): Social Media and Networking Restrictions
The organization includes in the rules of behavior explicit restrictions on the use of social media/networking sites and posting organizational information on public websites.</td><td colspan="2">PL-04(01) Social Media and External Site / Application Usage Restrictions
Include in the rules of behavior restrictions on:
a. Use of social media, social networking sites, and external sites/applications;
b. Posting organizational information on public websites; and
c. Use of organization-provided identifiers (e.g., email addresses) and authentication secrets (e.g., passwords) for creating accounts on external sites/applications.</td></tr>
<tr><td>Control</td><td>Information Security Architecture</td><td>Control</td><td>Security and Privacy Architectures</td></tr>
<tr><td colspan="2">PL-8: Information Security Architecture
The organization:
a. Develops an information security architecture for the ACA system that:
1. Describes the overall requirements and approach to be taken regarding protecting the confidentiality, integrity, and availability of organizational information;
2. Describes how the information security architecture is integrated into and supports the enterprise architecture; and
3. Describes any information security assumptions about, and dependencies on, external services;
b. Reviews and updates the information security architecture at least annually or when a significant change occurs to reflect updates in the enterprise architecture; and
c. Ensures that planned information security architecture changes are reflected in the security plan and organizational procurements/acquisitions.</td><td colspan="2">PL-08 Security and Privacy Architectures
a. Develop security and privacy architectures for the system that:
1. Describe the requirements and approach to be taken for protecting the confidentiality, integrity, and availability of organizational information;
2. Describe the requirements and approach to be taken for processing Personally Identifiable Information (PII) to minimize privacy risk to individuals;
3. Describe how the architectures are integrated into and support the enterprise architecture; and
4. Describe any assumptions about, and dependencies on, external systems and services;
b. Review and update the architectures at least every one (1) year or following a significant change to reflect changes in the enterprise architecture; and
c. Reflect planned architecture changes in security and privacy plans, Concept of Operations (CONOPS), criticality analysis, organizational procedures, and procurements and acquisitions.</td></tr>
<tr><td>Control</td><td>N/A</td><td>Control</td><td>Baseline Tailoring</td></tr>
<tr><td colspan="2">New NIST SP 800-53 Rev.5 Control and applicable to ARC-AMPE.</td><td colspan="2">PL-11 Baseline Tailoring
Tailor the selected control baseline by applying specified tailoring actions.</td></tr>
</table>

References

NIST SP 800-53 Revision 5.1.1

NIST SP 800-53 Revision 4

CMS Standards

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About the authors

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Ian is a seasoned cybersecurity professional with a wealth of experience across a spectrum of frameworks and standards, including NIST SP 800-53, HIPAA, ISO 27001, ISO 20000, and ISO 9001.

With a meticulous eye for detail and a strategic mindset, Ian excels in developing tailored solutions to ensure compliance and mitigate risks within complex organizational environments. His expertise extends to leading audits and risk assessments, as well as providing advisory for driving continuous improvement initiatives to enhance cybersecurity posture and operational resilience.

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